

2nd Annual THRIVE Conference

Where:

PSU's Native American Student
& Community Center
710 SW Jackson
Portland, OR 97201



[Driving Directions](#)

When:

Monday June 25, 2012 at 7:30
AM PDT
-to-
Friday June 29, 2012 at 1:00 PM
PDT
[Add to my calendar](#)

The 2012 2nd Annual THRIVE Conference is open for registration! The conference will take place on the campus of Portland State University (PSU) from June 25th-June 29th. The conference is open to 13-19 year old Native youth across the country.

At the conference, participants will learn about the signs of suicide, the impacts of drug and alcohol abuse, how to be a resource for friends and family, and much more. Participants will also learn to positively express their emotions and feelings about these challenging topics through interactive, educational workshop tracks and the Gathering of Native Americans (GONA). The four tracks include film production, song writing & production, digital storytelling, and a health education & artwork track.

Registration is free and all meals Monday - Thursday and part of Friday will be provided. Travel, lodging, and parking costs **are not covered** by the conference hosts. Evening activities will also be included: a recreation night, dance, cultural sharing evening, and bowling!

Please click on the link below to **register!**

[Get more information](#)

[**Register Now!**](#)

Don't forget to download the TWO REQUIRED documents that must be signed and returned by June 18, 2012. One is a chaperone consent form for each chaperone attending and the parent-teen form must be signed by each teen and their parent/guardian. Download these forms [here!](#)

Thank you for your interest and timely registrations. We all look forward to seeing you and/or your Tribal youth at the conference!

Sincerely,

Colbie Caughlan - project THRIVE
Northwest Portland Area Indian Health Board
ccaughlan@npaih.org
503-416-3284



Prepare for the 2012 2nd Annual THRIVE Conference

*If participant forms were not turned in to the NPAIHB by June 15, workshop placement will be determined by the NPAIHB THRIVE staff.



Conference Dates & Location: June 25th-June 29th

Portland State University (PSU) Native American Student and Community Center
710 SW Jackson Street
Portland, OR 97201

NPAIHB is not able to provide travel scholarships or lodging for youth. It is the responsibility of the teens, parents, and chaperones to make advance reservations for lodging. Below are a couple of options that are close to PSU.

Portland State University, shc@pdx.edu or 503.725.4336

Dbl occupancy dorm rooms: \$50/night at Broadway & \$40/night at Ondine
1912 SW 6th Ave., Portland, OR 97201

University Place Hotel

310 SW Lincoln, Portland, OR 97207 Phone: (866) 845-4647

Group name: "THRIVE Conference". To secure a group rate of \$89+tax/night dbl occupancy, reservations **must be made by May 23, 2012**

If flying into Portland, the local transit system, MAX, can take you directly to PSU. From the airport, take the Red Line Train to Pioneer Courthouse Square in downtown Portland, and then connect to a Yellow or Green Line train that will take you to the final stop at PSU / SW 5th & Mill St. From there, walk south on SW 5th Ave, turn right on SW College St., walk west on SW College St., turn left on SW Broadway, walk a south on SW Broadway, turn right on SW Jackson St., and walk a short distance west on SW Jackson St and you will be at PSU's Native American Student and Community Center. The costs for riding the MAX trains must be paid at the stop not on the train. The costs are:

Youth (aged 7-17, ID required): \$1.50

Adults (over 18): \$2.40

What to Bring (you are responsible for your own belongings):

- Medical Insurance Card and any prescribed medications (in original containers)
- Cultural games, regalia, music, and activities to share during Cultural Night
- ****Musical instruments** if part of the **song writing and producing** workshop with the Music Mentor Academy
- ****Film Production or Digital Storytelling** workshops: **Please bring digital or hard copies of Pictures, Music, Art, Songs, Videos, or anything else that represents who you are and where you're from.** Typically, film production involves multiple people and takes a few months to complete. Because you'll be assisting with production, editing and even starring in your own movie over the course of 4 days, we want you to come prepared to jump in. Your **films or digital stories** will be highlighting things about your community, what it means to be Native, memories from different points in your life, things that have gotten you through tough times, interests and hobbies, family traditions, and what defines you.
- Appropriate clothes (shirts, pants/shorts, sweatshirt or light jacket, outdoor rain/cold weather clothes, socks, outdoor/sport shoes, nice outfit, underclothes, pajama, swim suit). Please try to bring clothes without prominent logos (i.e. Nike, NBA, etc.). Copyrighted music or logos may have to be edited out of student films.
- Hygiene items (toothbrush, toothpaste, hair dryer, comb/brush, soap, shampoo, sunscreen, feminine items, deodorant, etc.)
- Optional items (camera, laptop, MP3 player/iPod, money for souvenirs or snacks)

Please contact Colbie Caughlan at the NPAIHB with any questions at 503-416-3284 or ccaughlan@npaihb.org



CHAPERONE CONSENT FORM

2012 2nd Annual THRIVE Conference

June 25th – June 29th, 2012



Please read the following carefully before you sign:

- As a conference chaperone, I give permission to projects at the NPAIHB, NARA Northwest, PSU Healing Feathers, and the IHS to use my image (photographs, videos) and any quotes I may provide for positive program publicity and other educational purposes. I understand that these may be used in the newspaper, TV and radio announcements, reports/publications, and educational films. Additionally, The Northwest Portland Area Indian Health Board will be filming video segments for the *We R Native* website and *It's Your Game* at the Conference, which focuses on healthy adolescent relationships, peer pressure, and sexual health.
- As a conference chaperone, I agree to be drug and alcohol free throughout the entire conference. If I use tobacco I will only smoke in designated smoking areas that are not in view of any youth participant's and only during appropriate break times. If these rules are broken, I will be asked to leave.
- As a conference chaperone, I agree to be present and take part in the entire conference, and to assist the youth participants when needed. I understand that I am ultimately the person responsible for the youth I brought to the Conference although I may assist with the chaperoning of youth from other areas as well.
- As a conference chaperone, I agree to try my best to keep youth respectful of conference presenters, artists, facilitators, equipment, and facilities. I agree to escort youth if they choose to be part of activities around the downtown Portland area during the evening hours.
- I understand that the ratio of chaperones to youth must be 1 or 2:5.
- I understand that Conference staff from the NPAIHB, NARA Northwest, PSU, and IHS are not responsible for lost youth or youth that choose to stray from the Conference facilities.
- I certify to the best of my knowledge and belief that all of my statements and answers are true, correct, complete, and made in good faith.

Chaperone Signature: _____ Date: _____

*Form must be complete and signed by the chaperone and
returned to THRIVE staff before the start of the 2nd Annual THRIVE Conference.

Please send completed forms to THRIVE at the Northwest Portland Area Indian Health Board (NPAIHB) by mail, fax, or email by Monday, June 18th, 2012. If you have any questions or concerns regarding the chaperone form, please contact Colbie Caughlan at ccaughlan@npaihb.org or (503) 416-3284.

Mail to:
NPAIHB
Attn: THRIVE Staff
2121 SW Broadway, Ste 300
Portland, OR 97201

Fax number:
(503) 228-8182
Attn: THRIVE Staff

Email to:
ccaughlan@npaihb.org

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*Updated April 6, 2012

PARENT LETTER & PERMISSION SLIP



The **2012 2nd Annual THRIVE Conference** will take place on the campus of Portland State University (PSU) from June 25th-June 29th. **The conference is open to 13-19 year old Native youth across the country.**

The conference is being hosted by *THRIVE*, the suicide prevention program at the Northwest Portland Area Indian Health Board, the *Life is Sacred Project* from the Native American Rehabilitation Association of the Northwest, *Healing Feathers*, a Native student group at PSU, and the Indian Health Service.

At the conference, participants will learn about the signs of suicide, the impacts of drug and alcohol abuse, how to be a resource for friends and family, and much more. Sessions will incorporate American Indian/Alaska Native culture, traditional learning strategies, and skill-building activities that educate youth about healthy behaviors. Participants will also learn to positively express their emotions and feelings about these challenging topics through interactive, educational workshop tracks. The four tracks are briefly described below:

- **Song Writing and Production:** *Want To Record A Song For A Music CD?* Music Mentor Academies (MMA) will provide recording engineers, producers and musicians during this engaging. Every MMA youth will receive a professionally recorded CD of all the songs created during this week.
- **Digital Storytelling:** This workshop includes: writing and revising a script; learning to use audio, video, and photo editing software; recording a voiceover; selecting photos and music; putting all the elements together to complete the story; and sharing your story with other participants. Teens will receive a copy of their completed, 3- to 5-minute digital story and gain the skills needed to create additional digital stories on their own.
- **Film Production:** Youth will have at least two tracks to choose from within this workshop! Youth can work on *It's Your Game* videos, a substance abuse prevention public service announcement (PSA), or possibly another health promotion PSA once it has been confirmed! In addition to working on these various videos, youth will learn about film production and editing from the film crews from the *Northwest Film Institute* and *KAT Communications*.
 - **Important Note:** As part of the film production track, the Northwest Portland Area Indian Health Board will be filming video segments for several national media campaigns and health curricula at the *THRIVE Conference*. The video segments will focus on adolescent relationships, substance abuse prevention, or other health promotion topics, and may include discussions about healthy and unhealthy friendships, keeping personal limits despite peer pressure, the negative consequences of having sex (pregnancy, STD/HIV infection), choosing not to have sex (abstinence), and how to handle high-risk situations where alcohol and drugs are present. The video segments will not include explicit content. **If your teen wishes to participate in the filming of these segments, both you and your teen must read and sign the informed consent and release form attached to this document.**
- **Health & Arts Education:** *The Good Road* is a Native American and Alaska Native youth health and arts education program of Native People for Cancer Control at the University of Washington. This track combines traditional wellness practices, health education and art. *The Good Road* seeks to ensure that Native American and Alaska Native youth live long, healthy and thriving lives. Participants will have the opportunity to create three art pieces including: multimedia, northwest coastal design, and poetry & spoken word.

Registration for the conference is FREE! While the conference is free (including meals Monday – Thursday and half day Friday), travel to and from Portland, Oregon and lodging are the responsibilities of the youth, families, &/or Tribe. Each group of youth that attends must be accompanied by a chaperone from their community.

Parent/guardian written permission and the youth's signatures are both required before he/she can attend. If you have no objections to the following statements, please sign and return the attached permission slip (both sides need to be signed). It will remain on file throughout the conference. If at any time, you have any questions, concerns or comments regarding the *2012 2nd Annual THRIVE Conference*, please feel free to contact Colbie Caughlan at c.caughlan@npaih.org or 503-416-3284.

PERMISSION SLIP AND PARTICIPANT CONTRACT

2012 2nd Annual THRIVE Conference

June 25th-June 29th, 2012



Teen Rules & Expectations:

- I will not leave the assigned program area at any time, without permission of my chaperone and the person in charge of my workshop. I will stay for the duration of the conference unless negotiated with conference staff.
- I will observe established hours set forth by the conference agenda and my chaperone.
- I will not bring or use tobacco, alcohol, drugs (except those prescribed by my doctor), fireworks, firearms, pocket knives, or weapons of any kind. If I see anyone breaking this rule I will report it immediately.
- I understand that public displays of affection can be distracting to the group and it is not appropriate and I will refrain from them.
- I will dress appropriately to the occasion. My language will be appropriate and respectful of others.
- I will be responsible for all my personal property.
- I will respect other's personal property and personal space.
- I will use personal electronics including cell phones at appropriate times and be respectful of conference workshops, speakers, and activities.
- As a conference participant, I give permission to projects at the NPAIHB, NARA Northwest, PSU Healing Feathers, and the IHS to use my image (photographs, videos) and any quotes I may provide for positive program publicity and other educational purposes. I understand that these may be used in the newspaper, TV and radio announcements, reports/publications, and educational films.

I certify to the best of my knowledge and belief that all of my statements and answers are true, correct, complete, and made in good faith.

Please complete the following and sign.

(For parent/guardian):

I, _____, give my permission for _____

Print Name (Parent/ Legal Guardian)

Print Teen's Name

to participate in the 2012 2nd Annual THRIVE Conference in Portland, Oregon.

Parent/Guardian Signature _____ Date: _____

(For teen participant):

I, _____, agree to the statements above and will participant in the *THRIVE Conference*.

Print Teen's Name

Teen Participant Signature _____ Date: _____

Please fax to:

OR

Scan and Email to:

NPAIHB

Colbie Caughlan

Video Development -- INFORMED CONSENT/PERSONAL RELEASE FORM

As you are aware, substance abuse, healthy relationships and unintended teen pregnancy are important issues for American Indian and Alaska Native (AI/AN) teens and young adults. The Northwest Portland Area Indian Health Board (NPAIHB) is working with the University of Texas-Houston Health Science Center and KAT Communications separately to adapt an online program for AI/AN youth that will raise awareness about these issues (called *It's Your Game*), a national AI/AN substance abuse prevention media campaign, and other multimedia health resources for AI/AN teens and young adults (called *We R Native*). All projects will contain video segments designed to teach students to make safe and responsible decisions related to alcohol & drugs, or dating & sexual relationships. If your teen wishes to participate in the film workshop track, please sign the consent and release documents below.

If you have any questions about *We R Native* and *It's Your Game*, please contact: Stephanie Craig Rushing, Northwest Portland Area Indian Health Board at: 503-416-3290 or scraig@npaihb.org. If you have any questions about the substance abuse prevention media campaign, please contact: Colbie Caughlan, NPAIHB at: 503-416-3284 or ccaughlan@npaihb.org.

PARENT INFORMED CONSENT & PERSONAL RELEASE FORM (for person being filmed)

My son/daughter (please print child's first and last name) _____ has my permission to participate in video production for the substance abuse prevention media campaign, *We R Native*, and/or *It's Your Game*. I understand that the video may include situations that occur in adolescent relationships, such as choosing not to have sex.

I hereby authorize the Northwest Portland Area Indian Health Board, the University of Texas Health Science Center at Houston, KAT Communications and those acting pursuant to their authority to:

- (a) Record my participation and appearance using video, audio, photograph, electronic, or other medium.
- (b) Use my name, likeness, voice and biographical material in connection with these recordings.
- (c) Use, reproduce, or distribute my recorded participation (video, audio, photograph, etc.), in perpetuity, in whole or in part, for health promotion and health education purposes.

I understand that all such recordings, in whatever medium, shall remain the property of the Northwest Portland Area Indian Health Board, The University of Texas Health Science Center at Houston, and/or KAT Communications.

Name of **person being filmed** (Please Print)

Signature of **person being filmed**

Address (Street, City, State, Zip)

Signature of Parent/Guardian (If under 18 years of age)

Phone Number

Alternate Phone Number

Name of Talent Agency (If Applicable)

Phone Number of Talent Agency (If Applicable)

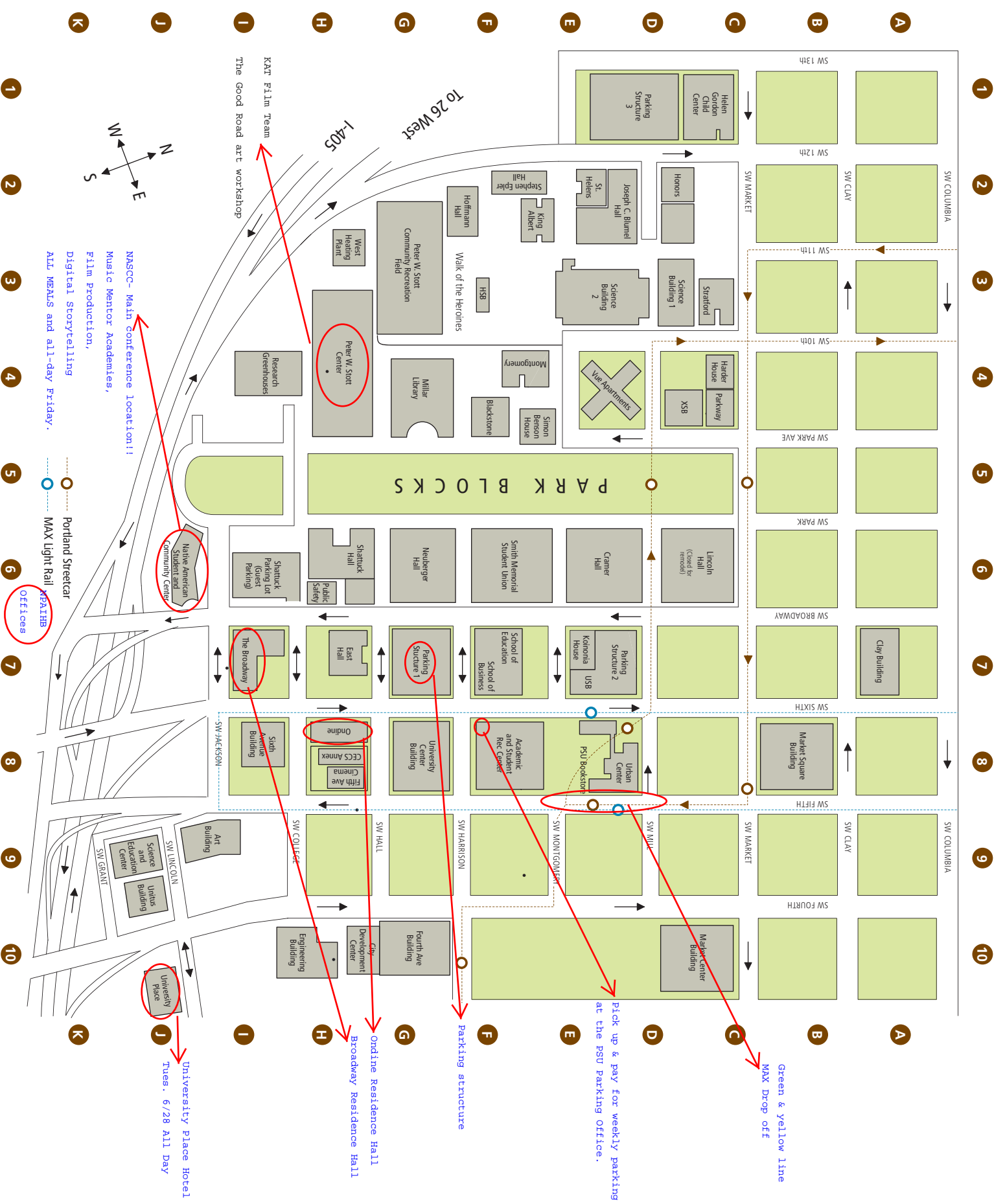
Email address: _____

Please fax to: OR

Scan and Email to:

Agenda for 2nd Annual THRIVE Conference

	Monday 6/25/12	Tuesday 6/26/12	Wednesday 6/27	Thursday 6/28/12	Friday 6/29/12				
Theme	Belonging	Mastery	Interdependence	Generosity	Generosity				
8:00-9:00	B'fast & Welcome	8:30 Breakfast	8:30 Breakfast	8:30 Breakfast	8:00 Breakfast	8:00-9:00			
9:00-10:00	GONA	GONA	GONA	GONA	Workshops & evals	9:00-10:00			
10:00-10:30					GONA reflections	10:00-10:30			
10:30-11:00					Workshops with visit from GONA trainers	Workshops with visit from GONA trainers	Workshops with visit from GONA trainers	Showcase starts at 10:45	10:30-11:00
11:00-12:00									Workshop Introductions
12:00-1:00	Lunch	Lunch	Lunch	Lunch	12:30 Closing	12:00-1:00			
1:00-1:30	Presenter-Seprieono Locario	Presenter – LeeAnn Foster	Presenter – Colleen Echohawk	Presenter – Gerry Rainingbird		1:00-1:30			
1:30-5:00	Workshops	Workshops	Workshops	Workshops		1:30-5:00			
5:00-5:15	GONA reflections	GONA reflections	GONA reflections	GONA reflections		5:00-5:15			
5:15-6:00	Dinner	Dinner	Cultural Dinner	Dinner		5:15-6:00			
6-7	--	--	Cultural Night	--		6-7			
7-10	--	Viking Gameroom	Cultural Sharing Night & GONA activities	Dance with NARA youth night teens		7-10			
*All meals at NASCC main room		Workshops		Room					
*Wed. night dessert @ Smith ballroom		Art Track with Colleen Echohawk		Peter Stott conference room					
		Music		NASCC main room, classroom, 1 dorm room					
		Digital Storytelling		NASCC computer room + 3 laptops					
Friday workshop finalizing & evals: MMA in main room, DS in computer lab, Film in large & small conference rooms & hallway, Art track in classroom		Film Production 1. IYG group 2. KAT group 3. SAHMSA group		NASCC large conference room NASCC small conference room Peter Stott conference room					
				NASCC Sunken room – Wellness/crafts					



Green & yellow line
MAX Drop off

Pick up & pay for weekly parking
at the PSU Parking Office.

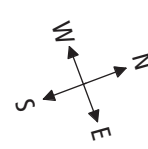
Parking structure

Ordine Residence Hall
Broadway Residence Hall

University Place Hotel
Tues. 6/28 All Day

NASCC- Main Conference Location!

Music Mentor Academies,
Film Production,
Digital Storytelling
ALL MEALS and all-day Friday.



KAT Film Team
The Good Road art workshop

